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**This is a free ebook that contains Module 1 of the [SuccessForLazyMen eCourse](#).  
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## Module 1 : Your Mind Is The Key To Your Success – and here's how you can re-program

### **Hello and welcome to The SuccessForLazyMen eCourse.**

I'm Gary and I hope you will take some time to go through this life transforming eCourse for the next 18 weeks. This success eCourse consists of 18 modules - 1 module for each week.

**You should not skip any of these modules because one builds on the other all the way to the final module which is module 18**

Don't worry about not understanding the materials because they will be easy to grasp. Treat this as an adventure, not an academic course, and you will find that it will be an enjoyable, life changing experience.

The reason why you are here is because you want to change your life. You are tired of your 9-to-5 job, you are sick of working so hard and achieving so little -- up till now. You badly need help to get you out of this rut you are in.

Rest assured that you have a choice and you DON'T have to stay stucked in your predicament. But what is the solution to all these madness?

## **The Solution Lies In Your Own Mind**

That's right, everything you ever wanted comes from the powerful "something" right between your ears - your brain (or mind in a more spiritual or esoteric sense).

*"Your mind is what makes everything else work." - Kareem Abdul-Jabbar*



Everything that is ever created in this physical world of ours starts from a thought (something you use your mind for, by the way). It is truly amazing what our thoughts can do for us - or against us.

Our thoughts are energy that creates things. In fact, everything in this universe is made up of energy or vibration as some would like to say.

If you have positive thoughts you will create or manifest positive things. Some like to use the word "attract" and this is a very convenient and clever way of saying the same thing. You must have heard or read about "The Secret" or The Law Of Attraction in which "The Secret" is based on. This very popular movie is actually not a secret at all. It is just a marketing gimmick but is nonetheless a useful reminder to us of how this universe really works.

What does this movie tells us? That everything that happens to us is a result of our own thoughts and feelings. Positive thoughts and feelings give good vibrations which will attract good things to us.

Likewise, bad vibrations from negative thoughts and feelings will attract bad things to us.

But the good news is that we can choose our own thoughts and feelings. In other words, we have a choice, **a choice to shape our own destiny** with the power of our thoughts.

"The Secret" is actually an opened one. More than 2,000 years ago (and maybe even longer), Jesus Christ have already discovered it and taught it to the world, although in a language and style different from what you read today. The Bible contains so many instances of how we can create our own reality with our minds that it should be the real secret but I digress here.

Now back to what your situation. In order for you to understand the solution for your predicament, you must have 3 things in place:

1. Firstly, you must **accept** that up till now, you are not living the life you want because there is something not quite right about what you are thinking, feeling and doing
2. Secondly, you must **believe** that there is a right way of thinking, feeling and doing things that is the path to your success
3. Thirdly, you must have **an understanding** of what's holding you back from achieving your dreams right now so that you can take concrete steps to correct these wrong "programs"

The first part is fairly easy. Since you are reading this, you must have already accepted the fact the status quo cannot continue for you because it is not working. This is a very important first step because acknowledgment of what's not working is the engine that will drive you toward what will finally work for you.

The second part is a little bit more difficult but nonetheless very important. You must believe that there is a right way to finally get things going for you. I am confident that you have also reached this state just by the fact that you have taken the initiative to join this membership. A strong belief in this success system will ensure that you follow through with the course materials, do the assignments and take the necessary steps to re-program your mind for success.

The third part is crucial for re-programming your mind because unless you know what's holding you back, how can you move forward? When you understand what is the root cause of your present situation, you can then take corrective steps to right the wrong so to speak. So what's preventing you from succeeding? Read on...

## **Why are you in your present state?**

The main reason why you are where you are today - in health, in wealth, in relationships, whatever - is because of your dominant, prevailing thought patterns. You are thinking and feeling these thoughts whether you are consciously aware of it or not.

For example, if you are in a bad financial situation, your dominant thoughts are mainly about lack, not abundance. You may not be consciously aware of this though. But watch yourself over the next 24 hours and notice what you think about, feel about and speak about.

You might be wondering why you have such tendencies to think negative thoughts. Because your mind was programmed or condition to think negatively since you were a baby! Actually, you are not alone. Most people in this world, I dare say 90% (me included) had have negative thoughts ingrained in our mind since we were all very young.

Who and what gave us all these negative thoughts and vibrations, you ask? Well, your well intentioned parents, teachers, elders, media, TV, friends, etc. By now, you should be familiar with phrases like "money does not come easy", "filthy rich", "you must work hard for your money", "don't dream, you can

never be rich", "you are not good enough", "you are not smart enough", etc, etc.

What do these negative statements do to a young child's mind? They conditioned the poor child (you and me) for failure and poverty. Why? Because our unconscious (or subconscious) mind accepted those negative statements as the truth and then go, in its own mysterious ways, to attract all the bad things in our lives, slowly but surely.

Bad programming. In computer language, garbage in, garbage out. That's what happening to most of us who are stuck in a sorry state of affairs.

But what about those who are successful right now? Won't they also subjected to the same negative bombardments since young? Well, maybe, maybe not. If they were indeed negatively programmed since young and are now successful, you can bet your last dollar that they, somehow, either consciously or subconsciously, re-programmed their minds for success later on in life.

And that's what you are about to do for yourself in the next 18 weeks right here in this [SuccessForLazyMen eCourse](#). ..

## What can you do to change your present state?

Yes, you can and should do something to change your present state, ie, re-program your mind for success! That's what this eCourse is all about. You will get access to software, audios, exercises, ebooks, etc that will all help erased all bad, negative vibrations so that you will attract the kind of success you really deserve.

**It is very important that you STAY the course for the whole of 18 weeks** in order to really purge all negative thoughts and re-program your mind for success. Leaving half way will not do you any good because the same old bad habits of thing negative thoughts will re-surface and bring you back to square one.

## Here's a preview of what is coming your way in the next 18 weeks :

- **Module 1** : You can be and have what you want if you really really desire it (you are reading it right now)
- **Module 2** : Why and how your negative, limiting beliefs are preventing you from succeeding in life
- **Module 3** : How to get rid of your old, negative beliefs and acquire new powerful beliefs that will transform your life forever
- **Module 4** : How to find you true calling so that you don't to "work" another day in your life
- **Module 5** : The power of goal setting : how to correctly set your goals so that success is virtually assured
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So you have it, the complete [SuccessForLazyMen eCourse](#) that will be the guide for you to achieve personal success without working like a dog, day in and day out.

Notice that this eCourse emphasizes on the use of the mind. But do not be mistaken that that's all to it because it is not. Using the mind to create is only the first step towards "manifesting" your success. You still need to take actions. Yes, a lazy, smart man do need to take actions too because he too lives in a physical world of actions.

But being a lazy, smart guy, you don't have to work your guts out once you mastered the principle of manifestations with the mind. To put it more clearly, there are actually just two major steps you need to remember:

1. You create with your mind ... and
2. You receive with your actions

Many people failed in their quest for success because they don't get these two steps right.

For example, some people may think that they are thinking good thoughts all day but when it comes to taking actions, they freeze. They give all kinds of excuses and avoid taking actions. This in itself is an indication of wrong thinking because although they might be thinking positive thoughts, they also have negative thoughts like fear of failure, of embarrassment, etc that are preventing them from taking actions.[In Module 9, we will deal with this issue in more depth but for now, just remember that taking actions is critical although it is not the actions that create.]

Remember that we live in a physical plane so we need to take physical actions if we want to experience success. Simply thinking positive thoughts all day long will not cut it, no matter what some gurus might have you believed.

On the other hand, some people simply take actions first without having the correct thoughts or thinking. This is not good too. Why? Because they will be like a boy lost in the woods. Without the proper mental conditioning or programming, their thoughts will be dictated by whatever happens around them and they will usually have negative vibes, attracting negative circumstances to themselves. It is like swimming against a super strong current and they will need a tremendous amount of effort to succeed - which they usually don't.

**So the formula for "effortless" or lazy success boils down to this :**

1. Set a goal (the asking part)
2. Condition your mind for success with positive programming (the creating part)

3. Follow up with massive, inspired actions (the receiving part).

Before we end Module 1, I want to remind you of the weekly assignments that sometimes come with the course modules. What is the purpose of these assignments? They are to help you sort out your thoughts and feelings about various aspects of your life so that you know where to put things right. They are all about you so you should find them interesting. Do take the time to go through them as they are an important part of this course.

You can access your Module 1 assignment below but before you do that, please take a few minutes to view this [Law Of Attraction movie](#). Relax and use your headphones. This is not your usual mind movie but a specially made movie that comes with "binaural beats" - the sound that stimulates hypnotism (more about this in later modules).

Viewing this movie in a relaxed state will send positive vibrations to your mind thus allowing it to re-program itself for success. Enjoy!

[Note: only paid members can view and download the mind movies in the members' area. [Discover why you should be a member of SuccessForLazyMen.com now.](#) ]

**Here are some success resources you may want to download now (Right click on the image or link below and save it to your computer) :-**



- [Download 20 inspirational and motivational wallpapers here](#)
- [The Science of Getting Rich](#) by WD Wattles

In the next module, you will discover why you have not succeed so far in your life. Yes, it has got to do with your negative beliefs but what are these actually? Find out next week.

By the way, you can only access future modules when the time is up so in the meantime, please take a few minutes to do the assignment and also to read some of the success ebooks here.

Till then, think positively and act without fear,

Cheers,

**Gary**

PS: please do the Module 1 assignment below:-

## Module 1 Assignment

This is a short assignment for helping you find out where you are right now in terms of your financial position and more importantly how you feel about your situation. It is good to sit down and take note where you are right now and then take note of how you feel about your own situation.

So please get a pen and a piece of paper and answer the following questions truthfully. There is no right or wrong answers here and nobody will know what you write here, it is all for your own good so don't hold back anything:

1. What assets do you have currently? List them down : your house, your car, etc
2. What are their values today in dollar terms? List them down
3. What are your debts or outstanding loans? List them down
4. What's the difference between the 2. and 3. above? What do you feel about it?
5. What's your current monthly income?
6. What are you current monthly expenses?
7. What the difference between between 5. and 6. above? What do you feel about it?
8. Do you love or hate what you are doing for a living right now? Why?
9. Do you want to get rich? Why?
- 10.If you have a million dollars right now, what will you do with the money?

**Note :** You have just read Module 1 of the [SuccessForLazyMen eCourse](#). This is just a sampling of what you will get as a member of this site. There are altogether 18 self empowering modules in this eCourse.

**As a member, you will also get access to :**

1. **Powerful Brain Wave Audios** that will “automagically” re-program your mind for success - this alone is worth more than the cost of the entire membership
2. **Subliminal Messages Software** – that works quietly on your PC while you work as normal. This software sends hidden messages to your subconscious mind enabling it to bring success to you
3. Specially made, “**binaural beats**” **Mind Movies** that help you visualize and achieve all your dreams
4. **A library of success and self improvement ebooks and audio books.**
5. **Stick reminder software** to keep your goals in front of you
6. Workbooks, affirmation books, etc to help you maintain a success mindset

If you are frustrated with your present lot and wish to achieve the personal and financial success you know you deserve, then you must join the [SuccessForLazyMen self improvement membership now](#).

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